

The Emotional Brain

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The Emotional Brain

Your brain is made up of many different parts that all work together to process the information it receives. The main part of the brain responsible for processing emotions, the limbic system, is sometimes called the "emotional brain" [source: Brodal]. Part of the limbic system, called the amygdala, assesses the emotional value of stimuli. It's ...

5 Ways Your Brain Influences Your Emotions | HowStuffWorks

The limbic system, also known as the paleomammalian cortex, is a set of brain structures located on both sides of the thalamus, immediately beneath the medial temporal lobe of the cerebrum primarily in the forebrain.. It supports a variety of functions including emotion, behavior, long-term memory, and olfaction. Emotional life is largely housed in the limbic system, and it critically aids the ...

Limbic system - Wikipedia

Experiences can unlock vivid memories—transporting us back in time and triggering emotional responses. Dr. Steve Ramirez, Assistant Professor of Psychological & Brain Sciences at Boston University, is the principal investigator of The Ramirez Group, where he leads research on how memory works and how to hijack it to treat disorders of the brain.

How Do Social Interactions Conjure Up Memories and Emotional Responses ...

The brain can affect ... Preclinical and clinical studies have shown bidirectional interactions within the brain-gut-microbiome axis. Gut microbes communicate to the central nervous system through at least 3 parallel and interacting channels involving nervous, endocrine, and immune signaling mechanisms.

The Brain-Gut-Microbiome Axis - PubMed

SD further alters the brain anticipation of cued emotional experiences. For example, one night of SD elevates cue-evoked activity in the amygdala, anterior insula and anterior cingulate cortex in anticipation of impending emotional picture slides, similar to those described above 87 , and also increases anticipatory responses of the peripheral ...

The sleep-deprived human brain - PMC

"Why is it that some people are more vulnerable to life's slings and arrows and others more resilient?" In this eye-opening talk, Richard Davidson discusses ...

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